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# OBJECTIVE

**INTRODUCE THE FIELD OF CYBERSECURITY**

# QUESTION

Who is interested in cybersecurity?

What is cybersecurity?

What is cybersecurity?  
Not This.

# TYPES OF CYBER THREATS

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Malware

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Phishing

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Social Engineering

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OWASP Top 10

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- **Keylogger:** Monitors user's keystrokes

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- **"Evil Twin" Wi-Fi (MITM):** Spoofing free/open Wi-Fi access points. Victims unknowingly log into the wrong hotspot

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- **Quid Pro Quo:** Exploits the human tendency to reciprocate good gestures.
- **Baiting:** Attacker leaves a physical device (like a USB) infected with a type of malware where it's most likely to be found. When a victim inserts the USB into their computer, a malware installation process is initiated.

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- **Security Misconfiguration:** Application missing security hardening. Unneccessary features are enabled or installed (ports, services, accounts, privileges). Default accounts and passwords still enabled and unchanged. Error handling reveals stack traces or other overly informative error messages to users

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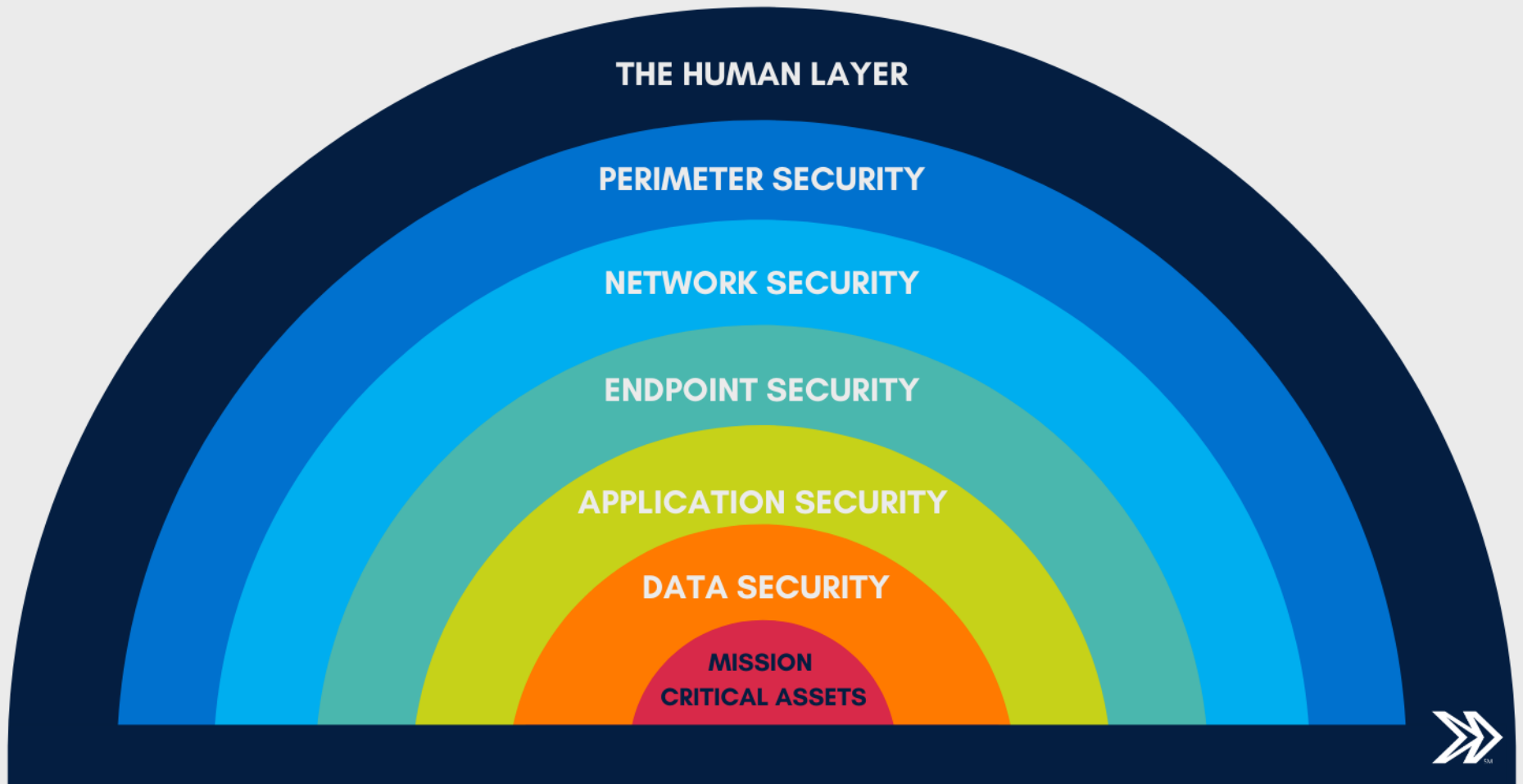
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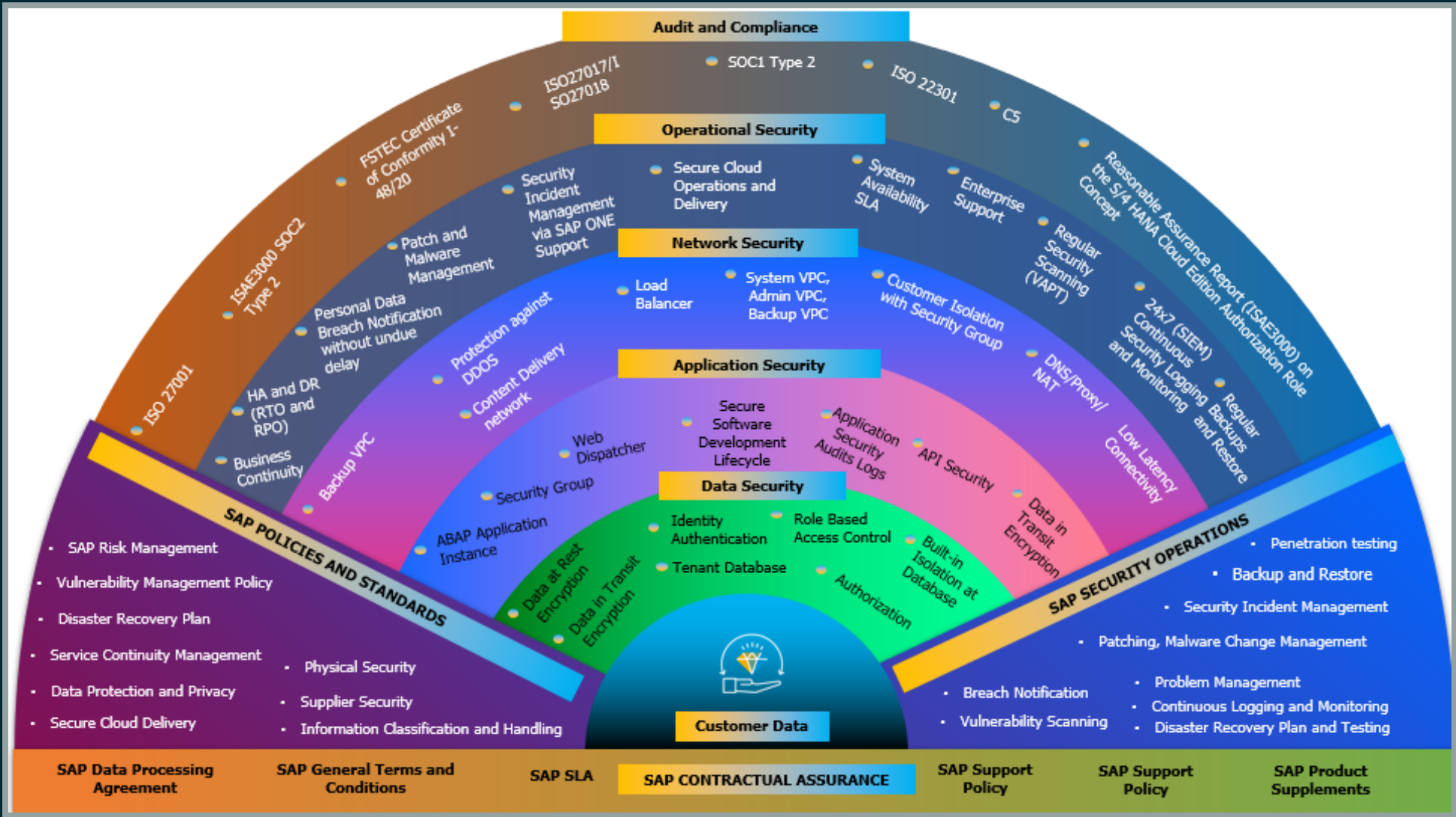
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- **Service-Side Request Forgery:** Application fetches remote resource without validating the user-supplied URL.

# THE 7 LAYERS OF CYBERSECURITY





## RED TEAM

Simulated adversary, attempting to identify and exploit potential weaknesses within the organization's cyber defenses...

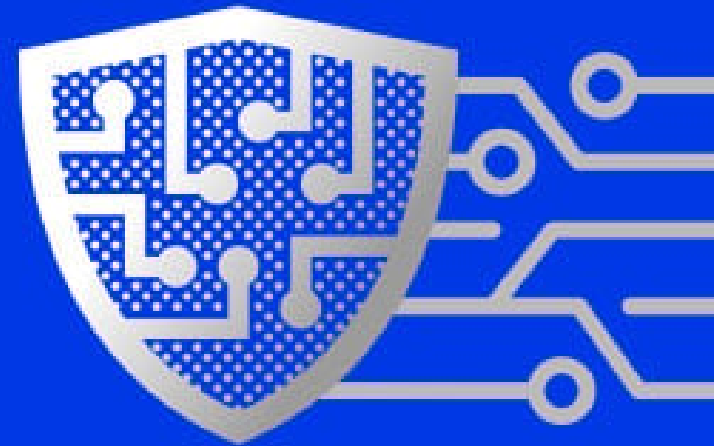


...identifying an attack path that breaches the organization's security defense through real-world attack techniques

VS

## BLUE TEAM

Incident response consultants guide the IT security team on where to make improvements to stop sophisticated types of cyberattacks and threats...



...leaving the IT security team responsible for maintaining the internal network against various types of risk



# ROLES

- Cybersecurity Analyst (SOC Analyst)
- Application Security Engineer (AppSec)
- Network Security Engineer
- Security Researcher
- Pentester

# GOOD CYBER HYGIENE

*(what you can do now)*

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## UPDATE SOFTWARE REGULARLY

Update apps, web browsers, ect regularly to ensure you are using the latest versions. Delete apps you no longer use and only download apps from reputable or official sources.

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## RESPONSIBLE PASSWORD MANAGEMENT

Use passwords with a minimum of 12 characters and containing uppercase, lowercase, numbers and symbols. Better yet, use a password manager and 24 character passwords!

### TIME IT TAKES A HACKER TO BRUTE FORCE YOUR PASSWORD IN 2023

Number of Characters	Numbers Only	Lowercase Letters	Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters	Numbers, Upper and Lowercase Letters, Symbols
4	Instantly	Instantly	Instantly	Instantly	Instantly
5	Instantly	Instantly	Instantly	Instantly	Instantly
6	Instantly	Instantly	Instantly	Instantly	Instantly
7	Instantly	Instantly	1 sec	2 secs	4 secs
8	Instantly	Instantly	28 secs	2 mins	5 mins
9	Instantly	3 secs	24 mins	2 hours	6 hours
10	Instantly	1 min	21 hours	5 days	2 weeks
11	Instantly	32 mins	1 month	10 months	3 years
12	1 sec	14 hours	6 years	53 years	226 years
13	5 secs	2 weeks	332 years	3k years	15k years
14	52 secs	1 year	17k years	202k years	1m years
15	9 mins	27 years	898k years	12m years	77m years
16	1 hour	713 years	46m years	779m years	5bn years
17	14 hours	18k years	2bn years	48bn years	380bn years
18	6 days	481k years	126bn years	2tn years	26tn years



> Learn how we made this table at [hivesystems.io/password](https://hivesystems.io/password)

## USE MULTI-FACTOR AUTHENTICATION (MFA)

Factors include: (i) something you know (e.g., password/personal identification number [PIN]); (ii) something you have (e.g., cryptographic identification device, token); or (iii) something you are (e.g., biometric). Authentication using two or more different factors to achieve authentication.

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## BACK UP REGULARLY (3-2-1 RULE)

Ensure you have regular, automated backups. You should have **3** copies of your data on **2** different media with **1** copy off-site for disaster recovery.

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## PRIVACY

Avoid quizzes, games, or surveys on social media that ask for sensitive information. Don't post private information publicly on social media. Be cautious about the permissions you accept for the apps you use. Use a VPN when connecting to public Wi-Fi. **Always** use https.

## **WATCH OUT FOR SOCIAL ENGINEERING ATTACKS**

Avoid clicking on suspicious links. Avoid downloading suspicious attachments or files. Never disclose security codes over the phone. Hang up and call back if you receive a suspicious call.

Hacking challenge at DEFCON

# RESOURCES

- @hak5
- @LiveOverflow
- @\_JohnHammond
- @NetworkChuck
- hackthebox.com
- hackthissite.org
- tryhackme.com
- www.kali.org
- www.sans.org
- www.cybrary.it
- pwn.college

Who has questions?

# DEMO

Physical Device Access

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Objective: Gain administrative access to:  
<https://ecosystem.ects-cmp.com/>

